

CALIFORNIA STATE DEPARTMENT OF PUBLIC HEALTH

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BERTRAM P. BROWN, M.D., Director

Weekly Bulletin



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GUY P. JONES
EDITOR

Annual Symposium of Heart Disease

The San Francisco Heart Committee of the County Medical Society will hold its eleventh Annual Post-graduate Symposium on Heart Disease on November 26, 27, 28, 1940.

Clinics on the various aspects of heart disease will be conducted at the University of California Hospital, Stanford University Hospital and San Francisco Hospital. The course will include demonstrations of patients presenting problems in the various types of heart disease, discussion and evaluation of specific diagnostic procedures, therapy and differential diagnosis, and treatment. There will be ward rounds, and special classes in X-ray, fluoroscopy, and electrocardiography.

On November 27, in collaboration with the Symposium, a morning and afternoon session will be held at Mount Zion Hospital for the purpose of discussing the public health aspects of heart disease. There is no registration fee in connection with the public health sessions. All who wish to do so are invited to be present.

On the evening of November 27, the annual dinner meeting will be held at the Western Women's Club. A program of unusual interest is being prepared for this occasion.

The San Francisco committee, of which Dr. William W. Newman is chairman, is affiliated with the California Heart Association and the American Heart Association.

Doctor Richard D. Friedlander is chairman of the Program Committee which is composed of Doctor Francis L. Chamberlain, Doctor Gordon E. Hein, Doctor William J. Kerr, Doctor J. K. Lewis, Doctor Charles A. Noble, Jr., Doctor J. Marion Read, and Doctor Harold H. Rosenblum.

A program with full details regarding the Symposium session, registration fees, and other particulars will be mailed on request by Mary B. Olney, M.D., Secretary, San Francisco Heart Committee, 604 Mission Street, Room 802, San Francisco.

ESSENTIALS FOR A HEALTHFUL HOME

The U. S. Public Health Service has suggested ten essentials for healthful home environment. They are as follows:

1. A pure and sufficient water supply.
2. A safe milk and food supply.
3. Sanitary refuse and sewage disposal.
4. Sufficient ventilation, heat, and light.
5. Space enough for ordinary family demands.
6. Absence of excessive dampness.
7. Screening against flies and mosquitoes.
8. Protection against other insects and rodents.
9. Protection against fire hazards and other accident risks.
10. Adequate play space and sunshine for children.

STATE BOARD ADVISES PROPER HANDLING OF AUTOMOBILE ACCIDENT VICTIMS

At its regular meeting of September 28, 1940, the California State Board of Public Health passed the following resolution pertaining to the proper handling of individuals who may have been injured in automobile accidents:

"WHEREAS, The ill-advised handling of persons who are injured in automobile accidents and industrial accidents often results in the injuries incurred at the time of said accident being made worse by inexperienced emergency care; and

WHEREAS, Such inexperienced handling may result in increased injury and in some cases even death; therefore, be it

Resolved by the California State Board of Public Health, That a campaign against such ill-advised and inexperienced attempts to render help to injured persons be conducted, and instructions be placed in hospital lobbies, public buildings of the cities, counties and state, in filling stations and such other places where the following advice may receive public attention:

1. Cover any person who has been injured with enough wraps to avoid chilling.
2. Do not violently or carelessly handle any person who has been in any accident, no matter how mild the injuries may appear.
3. Be extremely careful not to flex the back of any person who has been injured in any manner.
4. Avoid bending any limb, particularly if it shows evidence of fracture.
5. The body or any limb that shows evidence of injury may be gently straightened, if extreme care is used.
6. If necessary to lift a person, support all parts of the body with a sling which may be improvised out of a sheet, a car robe, a coat, or other available material. Sharp angulations and bending of any injured part is to be carefully and completely avoided."

CHANGES AMONG HEALTH OFFICERS

Dr. Roderick Thompson of Red Bluff is Health Officer of Tehama County, having succeeded Dr. James L. Faulkner. Mr. Eugene B. Kemper is now City Health Officer of Livingston, having succeeded Mr. A. Stanley Court.

VENTURA HAS NEW HEALTH OFFICER

Dr. Frank E. Gallison has been appointed Health Officer of Ventura County to succeed Dr. Charles R. Wylie, who resigned his position in order to engage in private practice. Dr. Gallison is a graduate of the medical department of the University of Southern California and received his public health training at Harvard University.

CALIFORNIANS ON DEFENSE COMMITTEES

Dr. Irving Abell of Kentucky, who was recently appointed to survey and coordinate the medical resources of the country in the interest of national defense, has appointed subcommittees on medical education, hospitals, industrial medicine, industry, nursing, and negro health. Dr. Abell's committee is the general committee of the Health and Medical Committee of the Council of National Defense.

From California Dr. L. R. Chandler, Stanford University Hospital, San Francisco, has been appointed to the Committee on Medical Education, and Dr. Guy S. Millberry of San Francisco, former Dean of the Dental School of the University of California, has been appointed to the subcommittee on dentistry.

The general committee has considered the need for developing research projects dealing with special problems of military medicine and hygiene. It is also concerned with the necessity for providing health services in areas surrounding military camps and cantonments, and with the health and medical problems resulting from greatly expanded industrial developments in certain regions of the country.

CANCER FILM NOW AVAILABLE

"Choose to Live," a two-reel, sound motion picture (16 mm.) on cancer control can be obtained for local showing from the Bureau of Venereal Diseases, Room 302, State Building, San Francisco. This motion picture was financed by the U. S. Public Health Service and the American Society for the Control of Cancer. It was produced by the film unit of the Department of Agriculture.

Specially prepared for lay audiences, the picture tells the story of one woman's encounter with cancer. Through her experience a comprehensive picture of the dramatic fight being waged on this disease is presented. The medical supervisor of the film was Charles V. Akin, M.D., Assistant Surgeon General of the U. S. Public Health Service. Hospital and laboratory scenes were taken at Memorial Hospital in New York, the Marine Hospital in Baltimore, and the National Cancer Institute at Bethesda, Maryland.

The survival of civilization after the European war will depend largely upon the energy with which the people of the United States will uphold the principles of freedom of the mind which are the basis of life in our Republic.

DR. FRANZ BOAS
*Emeritus Professor of Anthropology,
Columbia University*

REVISED LIST OF REPORTABLE DISEASES

The California State Board of Public Health has recently revised, by regulation, the list of diseases that are reportable in California. The following diseases have been removed from the list of diseases that are reportable only: beriberi, chancre, fluke infection, hookworm, and pellagra.

The term "lymphogranuloma inguinale" has been changed to "granuloma inguinale" and the disease is made reportable and subject to isolation. Epidemic dysentery of the newborn (in institutions) has been made reportable and subject to isolation. Lymphopathia venereum has also been added to the list of diseases that are reportable and subject to isolation. Erysipelas has been removed from the list of reportable diseases.

Following is a list of diseases reportable in California classified according to control methods, reportable only, subject to isolation, and subject to quarantine and placarding:

LIST OF DISEASES REPORTABLE IN CALIFORNIA**Reportable Only:**

Anthrax
Botulism—if commercial product notify State Department of Health at once.
Coccidioidal Granuloma
Dengue—keep patient in mosquito free room.
Epilepsy
Food Poisoning
Glanders—report by phone or telegraph.
Jaundice—infectious or epidemic types.
Malaria—keep patient in mosquito free room.
Pneumonia—specify type of pneumococcus, if known.
Relapsing fever
Rocky Mountain Spotted Fever
Tetanus
Trichinosis
Tularemia
Undulant fever

Reportable and Subject to Isolation:

Epidemic diarrhea of the newborn (in institutions)
Chickenpox
Dysentery—Amoebic
Dysentery—Bacillary—specify type, if known.
German Measles
Influenza
Measles
Mumps
Ophthalmia Neonatorum
Psittacosis
Rabies—in animals. Use special card.
Rabies—in humans.
Septic Sore Throat (in epidemic form).
Trachoma
Tuberculosis—use special card.
Whooping Cough

Syphilis—use special card.
Gonorrhea—use special card.
Chancroid—use special card.
Lymphopathia Venereum—use special card.
Granuloma inguinale—use special card.

Reportable and Subject to Quarantine and Placarding:

Cholera—report by telephone or telegraph to State Department of Health.

Diphtheria

Encephalitis (Infectious)—specify type, if known.

NOTE: This means all forms of acute encephalitis such as St. Louis type, equine type, and any other epidemic form occurring in California.

Leprosy

Meningitis (due to the meningococcus).

Paratyphoid Fever—specify type A or B.

Plague—report by telephone or telegraph to State Department of Health.

Acute Anterior Poliomyelitis

Scarlet Fever

Smallpox

Typhoid Fever

Typhus Fever

Yellow Fever—report by telephone or telegraph to State Department of Health.

CLAMS AND MUSSELS RELEASED FROM QUARANTINE

On June 3, 1940, the Director of Public Health for California, Dr. Bertram P. Brown, established a quarantine of mussels from the ocean shore of California extending from the southern boundary of Los Angeles County northward to the California-Oregon line, excepting the bay of San Francisco. On October 7, the necessity for the quarantine no longer existing, a release order was issued. On September 6, 1940, Dr. Brown, as Director of the State Department of Public Health, established a quarantine of clams along the ocean shore of Monterey County. The necessity for this quarantine having disappeared, a release order was issued October 7, 1940.

At the present time, therefore, there are no restrictions placed upon the gathering, sale, or offering for sale, anywhere in California, of clams and mussels.

ALL MADERA COUNTY UNDER FULL-TIME UNIT

With the appointment of Dr. Lee A. Stone, Health Officer of Madera County, as Health Officer of the City of Chowchilla, the entire area of Madera County is now under the jurisdiction of a full-time public health unit. Dr. Alexander B. Bigler has been City Health Officer of Chowchilla. Dr. Stone's services with the City of Chowchilla began October 1.

MORBIDITY

Complete Reports for Following Diseases for Week
Ending October 19, 1940

Chickenpox

170 cases: Albany 1, Berkeley 2, Oakland 15, Fresno 2, Kern County 6, Kings County 3, Hanford 15, Los Angeles County 4, Claremont 1, El Monte 1, Long Beach 1, Los Angeles 11, Pasadena 4, Pomona 4, Santa Monica 1, Whittier 1, Hawthorne 4, Madera County 1, Marin County 1, Monterey County 4, Grass Valley 2, Orange County 6, Santa Ana 5, Riverside 1, Sacramento County 7, Sacramento 1, San Bernardino County 3, San Diego County 3, San Diego 4, San Francisco 9, Stockton 3, Tracy 9, San Luis Obispo County 2, Redwood City 1, South San Francisco 4, Santa Barbara 1, Palo Alto 1, San Jose 2, Siskiyou County 4, Benicia 1, Sonoma County 12, Stanislaus County 3, Tehama County 1, Tulare County 2, Santa Paula 1.

Diphtheria

27 cases: Oakland 1, Calaveras County 3, Fresno County 2, Alhambra 1, El Monte 1, Long Beach 1, Los Angeles 2, Napa 1, Orange County 1, Fullerton 1, Laguna Beach 4, San Bernardino County 2, San Bernardino 2, San Joaquin County 1, Stockton 1, Yreka 2, Tulare 1.

German Measles

8 cases: Piedmont 1, Fresno County 1, Bakersfield 1, Long Beach 1, Los Angeles 1, South Gate 1, Orange County 1, Solano County 1.

Influenza

15 cases: Berkeley 1, El Segundo 4, Glendale 1, Los Angeles 5, Pomona 1, Orange County 1, San Francisco 1, Stockton 1.

Malaria

5 cases: Oakland 1, San Francisco 1, San Jose 1, Sonoma County 1, Yuba County 1.

Measles

54 cases: Oakland 3, Butte County 1, Colusa County 1, Fresno County 1, Fresno 1, Kern County 5, Bakersfield 1, Hanford 1, Los Angeles County 1, Glendale 1, Inglewood 1, Los Angeles 6, Pomona 1, Hawthorne 2, Madera County 1, Madera 1, Fullerton 1, Palm Springs 1, San Francisco 1, Stockton 1, San Luis Obispo County 1, Santa Barbara County 14, Santa Maria 1, Santa Clara County 1, Santa Rosa 2, Sutter County 1, Ventura County 1, Santa Paula 1.

Mumps

157 cases: Berkeley 2, Oakland 11, San Leandro 1, Pittsburg 1, Fresno County 2, Kern County 2, Kings County 1, Hanford 1, Los Angeles County 19, Culver City 1, El Segundo 2, Glendale 4, Huntington Park 1, Long Beach 10, Los Angeles 15, Pasadena 2, Whittier 3, Hawthorne 2, Marin County 1, Napa 1, Grass Valley 1, Anaheim 1, Fullerton 13, Huntington Beach 1, La Habra 1, Sacramento County 1, Sacramento 1, San Diego County 3, National City 1, San Diego 4, San Francisco 7, Paso Robles 2, Santa Maria 17, Palo Alto 1, San Jose 5, Tulare County 1, Ventura County 9, Oxnard 2, Ventura 3, Yolo County 1.

Pneumonia (Lobar)

50 cases: Alameda County 1, Berkeley 1, Oakland 3, Coalinga 1, Kern County 1, Los Angeles County 4, Huntington Park 1, Los Angeles 8, Montebello 1, Pasadena 1, Santa Monica 2, Maywood 1, Monterey County 2, Hemet 1, Sacramento County 1, Sacramento 3, Upland 1, San Diego 1, San Francisco 7, San Mateo County 1, San Bruno 1, Menlo Park 1, Sharp Park 1, Sonoma County 2, Tulare County 1, Yolo County 1, California 1.*

Scarlet Fever

99 cases: Alameda County 1, Fresno County 2, Fresno 1, Kern County 6, Kings County 3, Los Angeles County 12, Culver City 1, Glendale 1, Long Beach 1, Los Angeles 16, Pomona 4, Bell 1, Brea 2, Santa Ana 1, Plumas County 1, Riverside County 1, Sacramento County 2, Sacramento 2, Ontario 1, San Bernardino 2, Upland 1, San Diego 5, San Francisco 7, San Joaquin County 7, Lodi 1, Santa Barbara 3, Sonoma County 1, Petaluma 3, Stanislaus County 1, Modesto 3, Tulare County 2, Ventura County 3, Winters 1.

Smallpox

No cases reported.

Typhoid Fever

14 cases: Oakland 1, Inyo County 1, Los Angeles County 1, Los Angeles 1, Madera County 2, San Francisco 1, San Luis Obispo 1, San Jose 1, Sonoma County 1, Yuba City 1, California 3.*

Whooping Cough

259 cases: Alameda County 1, Berkeley 11, Oakland 18, Hercules 1, Fresno 1, Los Angeles County 40, Alhambra 2, Burbank 1, Huntington Park 6, Long Beach 9, Los Angeles 44, Manhattan 1, Pasadena 8, Pomona 8, Santa Monica 4, Whittier 2, Haw-

thorne 4, South Gate 2, Maywood 4, Madera County 4, Monterey County 1, Orange County 1, Santa Ana 2, La Habra 5, Sacramento 3, San Diego County 2, Chula Vista 2, San Diego 3, San Francisco 33, San Luis Obispo County 7, Paso Robles 2, San Luis Obispo 6, San Mateo County 1, San Carlos 1, Santa Barbara County 3, Santa Maria 6, Santa Clara County 3, Siskiyou County 2, Yreka 1, Santa Rosa 2, Ventura County 2.

Anthrax

One case: Kern County.

Meningitis (Epidemic)

One case: Tulare County.

Dysentery (Amoebic)

7 cases: Fresno County 2, Los Angeles County 2, Upland 1, Santa Barbara County 1, Stanislaus County 1.

Dysentery (Bacillary)

14 cases: Oakland 1, Fresno County 3, Los Angeles 4, Santa Clara County 4, Sonoma County 2.

Ophthalmia Neonatorum

2 cases: Riverside 1, San Jose 1.

Poliomyelitis

10 cases: Los Angeles County 1, Los Angeles 5, Santa Monica 1, Sacramento 1, San Francisco 1, Lodi 1.

Tetanus

2 cases: Alhambra 1, San Luis Obispo 1.

Trachoma

60 cases: Colusa County 3, Fresno County 8, Glenn County 2, Kings County 16, Lake County 3, Los Angeles 1, Madera County 2, Medocino County 1, Modoc County 21, Tulare County 3.

Encephalitis (Epidemic)

5 cases: Fresno County 1, Kern County 1, Bakersfield 1, Dinuba 1, Visalia 1.

Paratyphoid Fever

One case: Los Angeles.

Food Poisoning

One case: Kern County.

Undulant Fever

5 cases: Glendale 1, Santa Monica 1, San Bernardino County 1, San Bernardino 1, California 1.*

Coccidioidal Granuloma

One case: Alameda County.

Epilepsy

24 cases: Fresno 2, Los Angeles County 1, Claremont 1, Los Angeles 10, Salinas 1, San Bernardino County 4, San Bernardino 2, San Francisco 1, San Joaquin County 2.

Rabies (Animal)

6 cases: Bakersfield 1, Culver City 1, Elsinore 1, Tulare County 3.

* Cases charged to "California" represent patients ill before entering the state or those who contracted their illness traveling about the state throughout the incubation period of the disease. These cases are not chargeable to any one locality.

OAKLAND HEALTH DEPARTMENT ISSUES
REPORT

The Oakland City Health Department, Dr. N. N. Ashley, Health Officer, has issued its annual report for the fiscal year 1939-1940. The report is illustrated with photographs and is bound in an attractive cover. The report covers the standard activities of the department and recounts in an interesting manner the results achieved through the efforts of the staff in the development of public health in Oakland.

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